BREAKTHROUGH RECOVERY OUTREACH: YOUNG ADULT PROGRM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM	WAKE	WAKE	WAKE	WAKE	WAKE		
7:30AM	HYGIENE-MEDS CHORES BREAKFAST	HYGIENE-MEDS CHORES BREAKFAST	HYGIENE-MEDS CHORES BREAKFAST	HYGIENE-MEDS CHORES BREAKFAST	HYGIENE-MEDS CHORES BREAKFAST		
8:00AM						WAKE	WAKE
8:30AM						HYGIENE-MEDS BREAKFAST CHORES MEDITATION	HYGIENE-MEDS BREAKFAST CHORES
9:00AM	ADAPTIVE LIVING	RESOURCE CN (1^{ST} & 3^{RD})	ADAPTIVE LIVING	ADAPTIVE LIVING	MEDITATION		
9:30AM							
10:00AM	PSYED GRP	VOLUNTEER (2^{ND} & 4^{TH})	PSYED GRP	PSYED GRP	VOLUNTEER		CHURCH OR SUPPORT MTG (2 or more)
10:30AM							
11:00AM	PROCESS GRP	RET TO HWH	PROCESS GRP	PROCESS GRP		SUPPORT MTG	
11:30AM							
12:00PM	LUNCH	LUNCH	LUNCH	LUNCH		RET TO HWH	GROCERY STORE
12:30PM							
1:00PM	CASE MGMT					LUNCH	LUNCH
1:30PM		SUPPORT MTG	FOOD CARDS ASGN/ GROCERY STORE/ CASE MGMT				
2:00PM	RET TO HWH			CASE MGMT		PERSNL PLNG	PERSNL PLNG
2:30PM							
3:00PM	PERSNL PLNG		PERSNL PLNG INDEPENDENT STUDY	RET TO HWH	RET TO HWH		HLTH/FITNESS
3:30PM							
4:00PM		HLTH/FITNESS		PERSNL PLNG	HLTH/FITNESS		Multi-fx grp 3^{RD} Sunday
4:30PM							
5:00PM	DINNER		DINNER	DINNER	DINNER	DINNER	DINNER
5:30PM		PERSNL PLNG					
6:00PM					SUPPORT MTG 2 OR MORE OR with Sponsor	SUPPORT MTG 2 OR MORE OR with Sponsor	
6:30PM							
7:00PM		FAMILY NIGHT	RLSP PREV (1^{ST}&3^{RD})				
7:30PM	COMM MTG	MEAL TIME					
8:00PM	RET TO HWH	LIFE STORY	SUPPORT MTG (2^{ND} & 4^{TH})	SUPPORT MTG			
8:30PM	WRAP-UP CHORES HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP CHORES HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP CHORES HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP CHORES HYGIENE-MEDS CURFEW LIGHTS OUT!!			WRAP-UP CHORES HYGIENE-MEDS CURFEW LIGHTS OUT!!
9:00PM							
9:30PM					CHORES	CHORES	
10:00PM					HYGIENE-MEDS	HYGIENE-MEDS	
11:00PM					CURFEW	CURFEW	
12:00AM					LIGHTS OUT!!	LIGHTS OUT!!	

08/09 ****<u>ALL MEETINGS ARE MANDATORY!</u>** **Meeting of Choice can not be at the same location of the Women's Meeting.**