

BREAKTHROUGH RECOVERY OUTREACH: MEN'S HWH SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7:00AM	WAKE	WAKE	WAKE	WAKE	WAKE			
7:30AM	HYGIENE-MEDS	HYGIENE-MEDS	HYGIENE-MEDS	HYGIENE-MEDS	HYGIENE-MEDS			
8:00AM	CHORES	CHORES	CHORES	CHORES	CHORES	WAKE	WAKE	
8:30AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	HYGIENE-MEDS	HYGIENE-MEDS	
9:00AM	LIFE SKILLS	MEDITATION	LIFE SKILLS	LIFE SKILLS	MEDITATION	BREAKFAST	BREAKFAST	
9:30AM						CHORES	CHORES	
10:00AM	PSYED GRP	SUPPORT MTG	PSYED GRP	PSYED GRP	SUPPORT MTG	MEDITATION	CHURCH OR SUPPORT MTG (2 or more)	
10:30AM								
11:00AM	PROCESS GRP	RET TO HWH	PROCESS GRP	PROCESS GRP	RET TO HWH	SUPPORT MTG		
11:30AM								
12:00PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	RET TO HWH	GROCERY STORE	
12:30PM								
1:00PM	CASE MGMT	SUPPORT MTG	FOOD CARDS ASSIGNED GROCERY STORE	CASE MGMT	PERSNL PLNG	LUNCH	LUNCH	
1:30PM								
2:00PM	RET TO HWH	SUPPORT MTG	PERSNL PLNG INDEPENDENT STUDY	SUPPORT MTG	PERSNL PLNG	PERSNL PLNG	PERSNL PLNG	
2:30PM								
3:00PM	PERSNL PLNG	RET TO HWH PERSNL PLNG	PERSNL PLNG INDEPENDENT STUDY	RET TO HWH PERSNL PLNG	PERSNL PLNG	PERSNL PLNG	HLTH/FITNESS	
3:30PM								
4:00PM	HLTH/FITNESS	HLTH/FITNESS	HLTH/FITNESS	HLTH/FITNESS	HLTH/FITNESS	HLTH/FITNESS	Multi-fx grp 3 RD Sunday	
4:30PM								
5:00PM	DINNER	PERSNL PLNG	DINNER	DINNER	DINNER	DINNER	DINNER	
5:30PM								
6:00PM		FAMILY NIGHT	RLSP PREV (1 ST &3 RD)	DINNER	DINNER	DINNER		DINNER
6:30PM								
7:00PM	COMM MTG	MEAL TIME	RLSP PREV (1 ST &3 RD)	DINNER	DINNER	DINNER	DINNER	
7:30PM								
8:00PM	RET TO HWH	LIFE STORY	SUPPORT MTG					
8:30PM	WRAP-UP	WRAP-UP	WRAP-UP	WRAP-UP			WRAP-UP	
9:00PM	CHORES	CHORES	CHORES	CHORES			CHORES	
9:30PM	HYGIENE-MEDS	HYGIENE-MEDS	HYGIENE-MEDS	HYGIENE-MEDS	CHORES	CHORES	HYGIENE-MEDS	
10:00PM	CURFEW	CURFEW	CURFEW	CURFEW	HYGIENE-MEDS	HYGIENE-MEDS	CURFEW	
11:00PM	LIGHTS OUT!!	LIGHTS OUT!!	LIGHTS OUT!!	LIGHTS OUT!!	CURFEW	CURFEW	LIGHTS OUT!!	
12:00AM					LIGHTS OUT!!	LIGHTS OUT!!		

08/09 **ALL MEETINGS ARE MANDATORY! Meeting of Choice can not be at the same location of the Women's Meeting.