

BREAKTHROUGH RECOVERY OUTREACH: THREE QUARTER HOUSE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM	WAKE HYGIENE-MEDS CHORES BREAKFAST MEDITATION	WAKE HYGIENE-MEDS CHORES BREAKFAST MEDITATION	WAKE HYGIENE-MEDS CHORES BREAKFAST MEDITATION	WAKE HYGIENE-MEDS CHORES BREAKFAST MEDITATION	WAKE HYGIENE-MEDS CHORES BREAKFAST MEDITATION	WAKE HYGIENE-MEDS BREAKFAST CHORES MEDITATION	
7:30AM							
8:00AM							
8:30AM							
9:00AM	WK/VOL/PROG	WK/VOL/PROG	WK/VOL/PROG	WK/VOL/PROG	WK/VOL/PROG	SUPPORT MTG	CHURCH OR SUPPORT MTG (2 or more) GROCERY STORE
9:30AM							
10:00AM							
10:30AM							
11:00AM							
11:30AM							
12:00PM						RET HOME	RET HOME
12:30PM							
1:00PM						LUNCH	LUNCH
1:30PM							
2:00PM						PERSNL PLNG	PERSNL PLNG
2:30PM							
3:00PM							
3:30PM							
4:00PM							
4:30PM							
5:00PM	DINNER	DINNER					
5:30PM							
6:00PM	PERSNL PLNG	HLTH/FITNESS	HLTH/FITNESS	PRSNL/PLNG	PRSNL/PLNG	HLTH/FITNESS	SUPPORT GRP
6:30PM							
7:00PM		FAMILY NIGHT MEAL TIME	SUPPORT GRP	RELAXATION	RELAXATION		
7:30PM							
8:00PM	RELAXATION	RELAXATION	SUPPORT MTG	MOVIE			
8:30PM							
9:00PM	WRAP-UP HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP HYGIENE-MEDS CURFEW LIGHTS OUT!!	HYGIENE-MEDS CURFEW LIGHTS OUT!!	HYGIENE-MEDS CURFEW LIGHTS OUT!!	WRAP-UP HYGIENE-MEDS CURFEW LIGHTS OUT!!
9:30PM							
10:00PM							
11:00PM							
12:00AM							

08/09 **ALL MEETINGS ARE MANDATORY! Meeting of Choice can not be at the same location of the Women's Meeting.